

First Class can be unavailable at other times so we recommend using our live tracker (catering updates section) before you travel and for weekends. Visit: [journeycheck.com/greateranglia/](https://www.journeycheck.com/greateranglia/)

Mondays to Fridays
Intercity services without First Class accomodation
Monday 11 December 2023
to Friday 31 May 2024

Timing Type		755-E	745	755-E	745	755-E	745	745
Catering Symbols			⌘	⌘	⌘	⌘	⌘	⌘
Resvtn Symbols			◇	◇	◇	◇	Ⓜ	◇
Accom Symbols								
Status Symbols								
Days Run		SX	SX	SX	SX	SX	SX	SX
Liverpool Street	Dep	..	09.00	10.00	14.00	15.00	16.30	19.02
Stratford	Dep							
Shenfield	Dep	..	..	..	..	..	..	..
Chelmsford								
Witham		..	..	..	..	..	..	..
Colchester	Arr		09.45	10.46	14.45	15.45	17.17	19.46
	Dep	..	09.46	10.46	14.46	15.46	17.18	19.48
Manningtree			09.54	10.54	14.54	15.54	17.26	19.56
Ipswich	Arr	..	10.05	11.05	15.05	16.05	17.36	20.06
	Dep	06.39	10.08	11.06	15.07	16.07	17.37	20.09
Stowmarket		06.50	..	..	..	..	17.48	20.20
Diss		07.02	10.28	11.26	15.29	16.29	18.00	20.32
Norwich	Arr	07.24	10.48	11.44	15.46	16.47	18.19	20.50

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Timing Type		755-E
Catering Symbols		⌘
Resvtn Symbols		◇
Accom Symbols		
Status Symbols		
Days Run		SX
Liverpool Street	Dep	20.00
Stratford	Dep	
Shenfield	Dep	..
Chelmsford		
Witham		..
Colchester	Arr	20.48
	Dep	20.49
Manningtree		20.57
Ipswich	Arr	21.07
	Dep	21.08
Stowmarket		21.19
Diss		21.31
Norwich	Arr	21.49

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Catering Symbols		⌘		⌘	⌘	⌘	⌘	⌘
Resvtn Symbols		◇	◇	◇	◇	◇	◇	◇
Accom Symbols								
Status Symbols								
Days Run		SX	SX	SX	SX	SX	SX	SX
Norwich	Dep	06.28	07.26	11.32	12.00	12.32	16.30	17.30
Diss		06.45	07.44	11.49	12.17	12.49	16.48	17.47
Stowmarket		06.57	07.56	..	12.29	..	..	17.59
Ipswich	Arr	07.08	08.11	12.09	12.41	13.09	17.08	18.10
	Dep	07.09	08.13	12.10	12.42	13.10	17.10	18.11
Manningtree		07.19	08.22	12.19	12.51	13.19	17.19	18.20
Colchester	Arr	07.28	08s31	12.29	13.00	13.29	17.28	18.29
	Dep	07.30	..	12.30	13.01	13.30	17.30	18.30
Witham		..	..	..	..	..	..	..
Chelmsford					13.19			
Shenfield	Arr	..	..	..	..	..	..	..
Stratford	Arr	08s14	09s15		13s43			
Liverpool Street	Arr	08.24	09.25	13.15	13.52	14.16	18.21	19.16

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Catering Symbols		
Resvtn Symbols		◇
Accom Symbols		
Status Symbols		
Days Run		SX
Norwich	Dep	19.32
Diss		19.49
Stowmarket		..
Ipswich	Arr	20.09
	Dep	20.10
Manningtree		20.20
Colchester	Arr	20.28
	Dep	20.30
Witham		..
Chelmsford		
Shenfield	Arr	..
Stratford	Arr	
Liverpool Street	Arr	21.19