











Train timetable

Valid from 20 May 2018

Norwich to Ipswich and
London Liverpool Street

Bold Times in bold are direct services operated by Greater Anglia
Italic Times in italics are connecting train services with one change of train. Other connections may be available with further changes

0640 For the comfort and safety of all passengers, only folded cycles can be accommodated during busy times. Trains that these conditions apply to are highlighted throughout this timetable

1 First Class accommodation available
 ◇ Seat reservations possible
R Seat reservations recommended
 PlusBus operates from this station
 Buffet service
 Wi-fi service
DLR Interchange with Docklands Light Railway
 Airport interchange
 Connections with Ferry services
 Interchange with London Underground
 Train attaches at this station
 Train divides at this station
 Train continues in later column
 Train continued from earlier column











a Arrival time
d Departure time
s Stops to set down only
u Stops to pick up only











A Service runs 8 October to 7 December
B Service runs 21 May to 5 October
C Service runs 20 May to 9 September

MTW Mondays, Tuesdays and Wednesdays only
TWTh Tuesday, Wednesday and Thursday mornings only











All services are operated by Greater Anglia unless otherwise shown











Mondays to Fridays

		A	B			A	B	A	B
		📶	📶			📶	📶	📶	📶
		1◇	1◇	1	1R	1R	1R	1R	1R
Norwich	 d	0455	0500		0525	0530	0555	0600	
Diss	d	0514	0518		0544	0548	0614	0618	
Stowmarket	d	0527	0530	0552	0557	0600	0627	0630	
Needham Market	d			0557					
Ipswich	 a	0540	0542	0607	0610	0612	0640	0642	
Ipswich	 d	0542	0544		0612	0614	0642	0644	
Manningtree	d	0553	0554		0623	0624	0653	0654	
Colchester	 a	0603	0603		0633	0633	0703	0703	
Colchester	 d	0605	0605		0635	0635	0705	0705	
Witham	 a								
Chelmsford	 a								
Shenfield	 a								
Stratford	DLR  a	0644s	0644s		0715s	0715s			
London Liverpool St	 a	0654	0654		0727	0727	0758	0758	

		A	B			A	B	A
		📶	📶			📶	📶	📶
		1R	1R	1◇	1R	1R	1R	1R
Norwich	 d		0622 0624		0645	0648	0703	
Diss	d		0640 0642		0704	0706	0721	
Stowmarket	d	0642	0652 0654	0703	0717	0718	0734	
Needham Market	d	0647						
Ipswich	 a	0700	0705 0706	0716	0730	0730	0747	
Ipswich	 d		0707 0708	0717	0732	0732	0749	
Manningtree	d		0718 0718	0727	0743	0743	0759	
Colchester	 a		0728 0728	0737			0808	
Colchester	 d		0730 0730	0738			0810	
Witham	 a			0755				
Chelmsford	 a							
Shenfield	 a							
Stratford	DLR  a			0828s			0852s	
London Liverpool St	 a		0824 0824	0840	0842	0842	0904	











Mondays to Fridays











		B							
		📶		📶		📶		📶	
		1R	CP	1R	CP	1◇	1R	CP	1
Norwich	 d	0705		0740			0800		0830
Diss	d	0723		0758			0817		0847
Stowmarket	d	0735	0745			0810	0829	0845	
Needham Market	d		0750					0850	
Ipswich	 a	0747	0802	0818	0824	0841	0902	0908	
Ipswich	 d	0749		0820	0826	0843		0909	
Manningtree	d	0759			0836	0853		0919	
Colchester	 a	0808			0845	0902		0928	
Colchester	 d	0810			0845	0903		0930	
Witham	 a								
Chelmsford	 a				0903	0921			
Shenfield	 a								
Stratford	DLR  a	0852s			0928s	0946s			
London Liverpool St	 a	0904		0924	0939	0958		1019	

		📶		📶		📶		📶	
		1	1R	CP	1	1R	CP	1◇	CP
Norwich	 d		0900		0930	1000		1030	
Diss	d		0917		0947	1017		1047	
Stowmarket	d	0912	0929	0947		1029	1047		
Needham Market	d			0952			1052		
Ipswich	 a	0926	0941	1002	1008	1041	1104	1108	
Ipswich	 d		0943		1009	1043		1109	
Manningtree	d		0953		1019	1053		1119	
Colchester	 a		1002		1028	1102		1128	
Colchester	 d		1003		1030	1103		1130	
Witham	 a								
Chelmsford	 a		1021			1121			
Shenfield	 a								
Stratford	DLR  a		1045s			1145s			
London Liverpool St	 a		1055		1119	1155		1219	

For reference to notes please see page 2











Mondays to Fridays











				1	1	1	1	1	1
				1	1	1	1	1	1
				1	1	1	1	1	1
Norwich	 d			1100		1130	1200		1230
Diss	d			1117		1147	1217		1247
Stowmarket	d	1114	1129	1147			1229	1247	
Needham Market	d			1152				1252	
Ipswich	 a	1128	1141	1202	1208	1241	1304	1308	
Ipswich	 d			1143		1209	1243		1309
Manningtree	d			1153		1219	1253		1319
Colchester	 a			1202		1228	1302		1328
Colchester	 d			1203		1230	1303		1330
Witham	 a								
Chelmsford	 a			1221			1321		
Shenfield	 a								
Stratford	DLR  a			1245s			1345s		
London Liverpool St	 a			1255		1319	1355		1419

				1	1	1	1	1	1
				1	1	1	1	1	1
				1	1	1	1	1	1
Norwich	 d			1300		1330	1400		1430
Diss	d			1317		1347	1417		1447
Stowmarket	d	1314	1329	1347			1429	1447	
Needham Market	d			1352				1452	
Ipswich	 a	1328	1341	1402	1408	1441	1504	1508	
Ipswich	 d			1343		1409	1443		1509
Manningtree	d			1353		1419	1453		1519
Colchester	 a			1402		1428	1502		1528
Colchester	 d			1403		1430	1503		1530
Witham	 a								
Chelmsford	 a			1421			1521		
Shenfield	 a								
Stratford	DLR  a			1445s			1545s		
London Liverpool St	 a			1455		1519	1555		1617











For reference to notes please see page 2











Mondays to Fridays

				1	1	1	1	1	1
				1	1	1	1	1	1
				1	1	1	1	1	1
Norwich	 d			1500		1530	1600		1630
Diss	d			1517		1547	1617		1647
Stowmarket	d	1514	1529	1547			1629	1647	
Needham Market	d			1552				1652	
Ipswich	 a	1528	1541	1606	1608	1641	1704	1708	
Ipswich	 d			1543		1609	1643		1709
Manningtree	d			1553		1619	1653		1719
Colchester	 a			1602		1628	1702		1728
Colchester	 d			1603		1630	1703		1730
Witham	 a								
Chelmsford	 a			1621			1721		
Shenfield	 a								
Stratford	DLR  a			1645s			1745s		
London Liverpool St	 a			1657		1719	1758		1819

				1	1	1	1	1	1
				1	1	1	1	1	1
				1	1	1	1	1	1
Norwich	 d			1700		1730	1800		1830
Diss	d			1717		1747	1817		1847
Stowmarket	d	1714	1729	1748	1759	1829	1848		
Needham Market	d			1753			1853		
Ipswich	 a	1728	1741	1804	1811	1841	1903	1908	
Ipswich	 d	1733	1743		1813	1843		1909	
Manningtree	d	1743	1753			1853		1919	
Colchester	 a	1752	1802		1828	1902		1928	
Colchester	 d			1803		1830	1903		1930
Witham	 a								
Chelmsford	 a			1821			1921		
Shenfield	 a								
Stratford	DLR  a			1845s			1945s		
London Liverpool St	 a			1855		1917	1955		2020

Mondays to Fridays

			1	1	1	1	1	1
			1	1	1	1	1	1
			1	1	1	1	1	1
Norwich	 d		1900		1930	2000		2030
Diss	d		1917		1947	2017		2047
Stowmarket	d	1914	1929	1948		2029	2047	
Needham Market	d			1953			2052	
Ipswich	 a	1928	1941	2004	2010	2041	2101	2108
Ipswich	 d	1935	1943		2010	2043		2109
Manningtree	d	1945	1953		2020	2053		2119
Colchester	 a	1954	2002		2029	2102		2128
Colchester	 d		2003		2030	2103		2130
Witham	 a							
Chelmsford	 a		2021			2121		
Shenfield	 a							
Stratford	DLR  a		2045s			2145s		
London Liverpool St	 a		2055		2119	2155		2219
















			1	1	1	1	1	1
			1	1	1	1	1	1
			1	1	1	1	1	1
Norwich	 d		2100		2200			2305
Diss	d		2117		2217			2323
Stowmarket	d	2114	2129	2147	2229	2247	2308	2336
Needham Market	d			2152		2253		
Ipswich	 a	2128	2141	2204	2241	2303	2321	2349
Ipswich	 d	2128	2143	2223	2243		2322	
Manningtree	d	2138	2153	2233	2253		2332	
Colchester	 a	2151	2202	2242	2302		2343	
Colchester	 d		2203	2243	2303			
Witham	 a			2300	2315			
Chelmsford	 a		2221	2309	2325			
Shenfield	 a			2319	2336			
Stratford	DLR  a		2245s	2336	2352s			
London Liverpool St	 a		2255	2348	0003			















For reference to notes please see page 2

Mondays to Fridays

Norwich		d
Diss		d
Stowmarket		d 2351
Needham Market		d 2356
Ipswich		a 0007
Ipswich		d
Manningtree		d
Colchester		a
Colchester		d
Witham		a
Chelmsford		a
Shenfield		a
Stratford	DLR 	a
London Liverpool St		a















Saturdays















							
			1◇CP	1◇CP	1◇CP	1◇CP	1◇CP
Norwich		d	0500	0530	0600	0630	0700
Diss		d	0517	0547	0617	0647	0717
Stowmarket		d	0529		0629	0644	0729 0745
Needham Market		d				0649	0750
Ipswich		a	0541	0608	0641	0702	0708 0741 0802
Ipswich		d	0543	0609	0643	0709	0743
Manningtree		d	0553	0619	0653	0719	0753
Colchester		a	0602	0628	0702	0728	0802
Colchester		d	0603	0630	0703	0730	0803
Witham		a					
Chelmsford		a	0621		0721		0821
Shenfield		a					
Stratford	DLR 	a	0645s		0745s		0845s
London Liverpool St		a	0655	0719	0755	0819	0855

									
			1◇CP	1RCP	1	1RCP	1	1◇CP	1
Norwich		d	0730	0800		0830		0900	
Diss		d	0747	0817		0847		0917	
Stowmarket		d		0829	0847		0914	0929 0947	
Needham Market		d			0852			0952	
Ipswich		a	0808	0841	0902	0908	0928	0941 1002	
Ipswich		d	0809	0843		0909		0943	
Manningtree		d	0819	0853		0919		0953	
Colchester		a	0828	0911		0928		1011	
Colchester		d	0830	0912		0930		1012	
Witham		a							
Chelmsford		a		0940				1040	
Shenfield		a							
Stratford	DLR 	a		0942s				1042s	
London Liverpool St		a	0919	0952		1019		1052	

For reference to notes please see page 2















Saturdays















								
			1R	CP	1	1◇	CP	1
Norwich	 d	0930	1000			1030	1100	
Diss	d	0947	1017			1047	1117	
Stowmarket	d		1029	1047			1114	1129 1147
Needham Market	d			1052				1152
Ipswich	 a	1008	1041	1102	1108	1128	1141	1202
Ipswich	 d	1009	1043			1109	1143	
Manningtree	d	1019	1053			1119	1153	
Colchester	 a	1028	1112			1128	1202	
Colchester	 d	1030	1112			1130	1203	
Witham	 a							
Chelmsford	 a		1140				1221	
Shenfield	 a							
Stratford	DLR  a		1142s				1245s	
London Liverpool St	 a	1119	1152			1219	1255	

								
			1◇	CP	1	1◇	CP	1
Norwich	 d	1130	1200			1230	1300	
Diss	d	1147	1217			1247	1317	
Stowmarket	d		1229	1247			1314	1329 1347
Needham Market	d			1252				1352
Ipswich	 a	1208	1241	1302	1308	1328	1341	1402
Ipswich	 d	1209	1243			1309	1343	
Manningtree	d	1219	1253			1319	1353	
Colchester	 a	1228	1302			1328	1402	
Colchester	 d	1230	1303			1330	1403	
Witham	 a							
Chelmsford	 a		1321				1421	
Shenfield	 a							
Stratford	DLR  a		1345s				1445s	
London Liverpool St	 a	1319	1355			1419	1455	















For reference to notes please see page 2














Saturdays

									
			1	◇	CP	1	◇	CP	1
Norwich		d	1330	1400		1430	1500		
Diss		d	1347	1417		1447	1517		
Stowmarket		d		1429	1447		1514	1529	1547
Needham Market		d			1452				1552
Ipswich		a	1408	1441	1502	1508	1528	1541	1602
Ipswich		d	1409	1443		1509	1543		
Manningtree		d	1419	1453		1519	1553		
Colchester		a	1428	1502		1528	1602		
Colchester		d	1430	1503		1530	1603		
Witham		a							
Chelmsford		a		1521			1621		
Shenfield		a							
Stratford	DLR 	a		1545s			1645s		
London Liverpool St		a	1519	1555		1619	1655		











									
			1	◇	CP	1	◇	CP	1
Norwich		d	1530	1600		1630	1700		
Diss		d	1547	1617		1647	1717		
Stowmarket		d		1629	1647		1714	1729	1749
Needham Market		d			1652				1754
Ipswich		a	1608	1641	1702	1708	1728	1741	1803
Ipswich		d	1609	1643		1709	1743		
Manningtree		d	1619	1653		1719	1753		
Colchester		a	1628	1702		1728	1802		
Colchester		d	1630	1703		1730	1803		
Witham		a							
Chelmsford		a		1721			1821		
Shenfield		a							
Stratford	DLR 	a		1745s			1845s		
London Liverpool St		a	1719	1755		1819	1855		

Saturdays











										
			1	◇	CP	1	1	◇	CP	1
Norwich		d	1730	1800		1830		1900		
Diss		d	1747	1817		1847		1917		
Stowmarket		d	1759	1829	1849		1914	1929	1947	
Needham Market		d			1854				1952	
Ipswich		a	1811	1841	1903	1908	1928	1941	2002	
Ipswich		d	1813	1843		1909		1943	2009	
Manningtree		d		1853		1919		1953	2019	
Colchester		a	1828	1902		1928		2002	2028	
Colchester		d	1830	1903		1930		2003	2030	
Witham		a								
Chelmsford		a		1921				2021		
Shenfield		a								
Stratford	DLR 	a		1945s				2045s		
London Liverpool St		a	1919	1955		2019		2055	2117	











										
			1	◇	CP	1	1	◇	CP	1
Norwich		d	2000			2100		2200		
Diss		d	2017			2117		2217		
Stowmarket		d	2029	2046	2114	2129	2147	2229	2246	
Needham Market		d		2051			2152		2251	
Ipswich		a	2041	2101	2128	2141	2202	2241	2303	
Ipswich		d	2043	2109	2128	2143	2223	2243	2315	
Manningtree		d	2053	2119	2138	2153	2233	2253	2325	
Colchester		a	2102	2128	2149	2202	2242	2302	2335	
Colchester		d	2103	2130		2203	2243	2303		
Witham		a					2300	2315		
Chelmsford		a	2121			2221	2309	2325		
Shenfield		a					2319	2337		
Stratford	DLR 	a	2145s			2245s	2341s	2359s		
London Liverpool St		a	2155	2217		2255	2350	0010		

Saturdays

			1	1	
Norwich		d		2305	
Diss		d		2322	
Stowmarket		d	2308	2336	2351
Needham Market		d			2356
Ipswich		a	2322	2349	0008
Ipswich		d	2322		
Manningtree		d	2332		
Colchester		a	2343		
Colchester		d			
Witham		a			
Chelmsford		a			
Shenfield		a			
Stratford	DLR 	a			
London Liverpool St		a			











Sundays











			📶	📶	📶	📶	📶	C
			1	◇	Ⓜ	1	◇	Ⓜ
Norwich	 d	0700	0800	0820	0900		1000	
Diss	d	0717	0817	0838	0917		1017	
Stowmarket	d	0729	0829	0850	0929	1020	1029	1114
Needham Market	d					1025		
Ipswich	 a	0741	0841	0902	0941	1038	1041	1128
Ipswich	 d	0743	0843	0905	0943		1043	
Manningtree	d	0753	0853		0953		1053	
Colchester	 a	0802	0902	0920	1002		1102	
Colchester	 d	0803	0903	0923	1003		1103	
Witham	 a							
Chelmsford	 a							
Shenfield	 a							
Stratford	DLR  a							
London Liverpool St	 a	0904	1003	1030	1103		1203	

			📶		📶		📶		📶
			1	◇	Ⓜ	1	1	◇	Ⓜ
Norwich	 d	1100			1200		1300		1400
Diss	d	1117			1217		1317		1417
Stowmarket	d	1129	1220	1229	1314	1329	1420	1429	
Needham Market	d		1225				1425		
Ipswich	 a	1141	1236	1241	1328	1341	1436	1441	
Ipswich	 d	1143			1243		1343		1443
Manningtree	d	1153			1253		1353		1453
Colchester	 a	1202			1302		1402		1502
Colchester	 d	1203			1303		1403		1503
Witham	 a								
Chelmsford	 a								
Shenfield	 a								
Stratford	DLR  a								
London Liverpool St	 a	1303			1403		1503		1603

For reference to notes please see page 2














Sundays

			1	1	C	1	1	1	1
			1	1	1	1	1	1	1
			1	1	1	1	1	1	1
Norwich	 d		1500	1523		1600	1620		
Diss	d		1517	1540		1617	1638		
Stowmarket	d	1514	1529	1552	1620	1629	1650	1711	
Needham Market	d				1625				
Ipswich	 a	1528	1541	1604	1636	1641	1702	1725	
Ipswich	 d		1543	1606		1643	1705		
Manningtree	d		1553			1653			
Colchester	 a		1602	1621		1702	1720		
Colchester	 d		1603	1623		1703	1723		
Witham	 a								
Chelmsford	 a								
Shenfield	 a								
Stratford	DLR  a								
London Liverpool St	 a		1703	1730		1803	1831		











			1	1	1	1	1	1
			1	1	1	1	1	1
			1	1	1	1	1	1
Norwich	 d		1700		1800		1900	2000
Diss	d		1717		1817		1917	2017
Stowmarket	d	1729	1820	1829	1911	1929	2020	2029
Needham Market	d		1825				2025	
Ipswich	 a	1741	1836	1841	1925	1941	2036	2041
Ipswich	 d		1743		1843	1925	1943	2043
Manningtree	d		1753		1853	1935	1953	2053
Colchester	 a		1802		1902	1946	2002	2102
Colchester	 d		1803		1903		2003	2103
Witham	 a							
Chelmsford	 a							
Shenfield	 a							
Stratford	DLR  a							
London Liverpool St	 a		1903		2003		2103	2204











For reference to notes please see page 2

Sundays











			1	1 	1	1 	1 	
Norwich	 d			2100		2200	2305	
Diss	d			2117		2217	2323	
Stowmarket	d	2111	2129	2220	2229	2336	2355	
Needham Market	d			2225			2359	
Ipswich	 a	2125	2141	2238	2241	2351	0011	
Ipswich	 d	2125	2143		2243			
Manningtree	d	2135	2153		2253			
Colchester	 a	2146	2202		2302			
Colchester	 d		2203		2303			
Witham	 a				2315			
Chelmsford	 a				2325			
Shenfield	 a				2336			
Stratford	DLR  a				2357s			
London Liverpool St	 a		2303		0007			











Mondays to Fridays

			1	1	1	1	1	1	1
London Liverpool St  d								0600	0625
Stratford DLR  d									0633u
Shenfield  d									
Chelmsford  d								0630	0658
Witham  d									0709
Colchester  a								0649	0722
Colchester  d		0540			0615			0650	0723
Manningtree d		0549			0623			0658	0731
Ipswich  a		0559			0634			0710	0742
Ipswich  d	0510	0600	0616	0639	0654	0712	0744		
Needham Market d	0520		0625		0703				
Stowmarket d	0526	0612	0631	0650	0709	0723	0755		
Diss d				0703		0735	0808		
Norwich  a				0724		0755	0827		

			1	1	1	1	1	1	1
London Liverpool St  d								0700	0830
Stratford DLR  d									0838u
Shenfield  d								0722u	
Chelmsford  d								0802	0903
Witham  d									
Colchester  a								0750	0923
Colchester  d								0751	0923
Manningtree d								0759	0931
Ipswich  a								0811	0943
Ipswich  d	0803	0812	0820	0844	0908	0920	0944		
Needham Market d			0829			0929			
Stowmarket d	0816	0823	0835	0855		0935	0955		
Diss d				0908	0929				1008
Norwich  a				0927	0948				1027

Mondays to Fridays

			1	1	1	1	1	1
			1	1	1	1	1	1
			1	1	1	1	1	1
London Liverpool St	 d		0900		0930	1000		1030
Stratford	DLR  d				0938u			1038u
Shenfield	 d							
Chelmsford	 d				1003			1103
Witham	 d							
Colchester	 a		0946		1022	1046		1122
Colchester	 d		0947		1023	1047		1123
Manningtree	d		0955		1031	1055		1131
Ipswich	 a		1007		1043	1107		1143
Ipswich	 d	1000	1008	1020	1044	1108	1120	1144
Needham Market	d			1029			1129	
Stowmarket	d	1012		1035	1055		1135	1155
Diss	d		1029		1108	1129		1208
Norwich	 a		1050		1127	1150		1227

			1	1	1	1	1	1
			1	1	1	1	1	1
			1	1	1	1	1	1
London Liverpool St	 d		1100		1130	1200		1230
Stratford	DLR  d				1138u			1238u
Shenfield	 d							
Chelmsford	 d				1203			1303
Witham	 d							
Colchester	 a		1146		1222	1246		1322
Colchester	 d		1147		1223	1247		1323
Manningtree	d		1155		1231	1255		1331
Ipswich	 a		1207		1243	1307		1343
Ipswich	 d	1158	1208	1220	1244	1308	1320	1344
Needham Market	d			1229			1329	
Stowmarket	d	1211		1235	1255		1335	1355
Diss	d		1229		1308	1329		1408
Norwich	 a		1250		1327	1350		1427

Mondays to Fridays

			1	1	1	1	1	1
				◇	◇	◇	◇	◇
London Liverpool St	⊖ d		1300		1330	1400		1430
Stratford	DLR ⊖ d				1338u			1438u
Shenfield	🚆 d							
Chelmsford	🚆 d				1403			1503
Witham	🚆 d							
Colchester	🚆 a		1346		1422	1446		1522
Colchester	🚆 d		1347		1423	1447		1523
Manningtree	d		1355		1431	1455		1531
Ipswich	🚆 a		1407		1443	1507		1543
Ipswich	🚆 d	1358	1408	1420	1444	1508	1520	1544
Needham Market	d			1429			1529	
Stowmarket	d	1411		1435	1455		1535	1555
Diss	d		1429		1508	1529		1608
Norwich	🚆 a		1450		1527	1548		1627

			1	1	1	1	1	1
				◇	◇	◇	◇	◇
London Liverpool St	⊖ d		1500		1530	1600		1630
Stratford	DLR ⊖ d							
Shenfield	🚆 d							
Chelmsford	🚆 d				1600			
Witham	🚆 d							
Colchester	🚆 a		1546		1621	1646		1716
Colchester	🚆 d		1547		1621	1647		1717
Manningtree	d		1555		1629	1655		
Ipswich	🚆 a		1607		1640	1707		1734
Ipswich	🚆 d	1600	1608	1620	1641	1708	1720	1736
Needham Market	d			1629			1729	
Stowmarket	d	1612		1635	1652	1719	1735	1747
Diss	d		1630		1705	1732		1800
Norwich	🚆 a		1650		1724	1753		1822
































Mondays to Fridays

			1	1R	1	1◇	1R	1R	1
London Liverpool St	⊖ d		1700			1702	1730	1750	
Stratford	DLR ⊖ d				1710				
Shenfield	⊖ d				1726				
Chelmsford	⊖ d				1736				
Witham	⊖ d				1746				
Colchester	⊖ a				1801			1842	
Colchester	⊖ d		1727		1801			1843	
Manningtree	d		1735		1809	1827	1852		
Ipswich	⊖ a		1759		1820	1837	1903		
Ipswich	⊖ d	1748	1800	1817	1825	1839	1904	1913	
Needham Market	d	1757		1826					1922
Stowmarket	d	1803		1832	1836	1850	1916	1928	
Diss	d		1821		1848	1904	1929		
Norwich	⊖ a		1842		1909	1925	1950		

			1R	1R	1	1R	1	1R	1◇
London Liverpool St	⊖ d	1810	1830			1900		1930	2000
Stratford	DLR ⊖ d								
Shenfield	⊖ d								
Chelmsford	⊖ d								
Witham	⊖ d								
Colchester	⊖ a	1900	1921			1947		2019	2046
Colchester	⊖ d	1902	1923			1947		2020	2047
Manningtree	d	1911	1932			1955		2028	2055
Ipswich	⊖ a	1921	1942			2007		2040	2107
Ipswich	⊖ d	1923	1944	2000	2008	2018	2041	2108	
Needham Market	d					2028			
Stowmarket	d	1934	1955	2012	2019	2035	2052	2119	
Diss	d	1947	2008		2032		2105	2132	
Norwich	⊖ a	2009	2030		2051		2124	2151	

For reference to notes please see page 2

Mondays to Fridays

								
			  	  		  	  	  
London Liverpool St	 d		2030	2100		2130	2230	2330
Stratford	DLR  d		2038u			2138u	2238u	2338u
Shenfield	 d							
Chelmsford	 d		2103			2203	2303	0003
Witham	 d							
Colchester	 a		2122	2146		2222	2322	0022
Colchester	 d		2123	2147		2223	2323	0023
Manningtree	d		2132	2156		2232	2332	0032
Ipswich	 a		2143	2207		2244	2344	0044
Ipswich	 d	2117	2145	2209	2219	2245	2345	0045
Needham Market	d	2127			2229			
Stowmarket	d	2133	2156	2220	2235	2257	2357	0057
Diss	d		2209	2233		2311	0011	0111
Norwich	 a		2229	2253		2330	0030	0136






















Saturdays






















			1	1	1◇	1◇	1	1◇	1
London Liverpool St	⊖ d				0534			0630	
Stratford	DLR ⊖ d				0541			0638u	
Shenfield	🚆 d				0559				
Chelmsford	🚆 d				0610			0703	
Witham	🚆 d				0623				
Colchester	🚆 a				0640			0722	
Colchester	🚆 d		0540		0640			0723	
Manningtree	d		0549		0648			0731	
Ipswich	🚆 a		0559		0700			0743	
Ipswich	🚆 d	0510	0600	0616	0710	0720	0744	0800	
Needham Market	d	0520		0625		0729			
Stowmarket	d	0526	0612	0631	0721	0735	0755	0812	
Diss	d				0734			0808	
Norwich	🚆 a				0753			0827	

			1◇	1	1◇	1◇	1	1◇	1
London Liverpool St	⊖ d	0700			0730	0800		0830	
Stratford	DLR ⊖ d				0738u			0838u	
Shenfield	🚆 d								
Chelmsford	🚆 d				0803			0903	
Witham	🚆 d								
Colchester	🚆 a	0747			0822	0846		0922	
Colchester	🚆 d	0747			0823	0847		0923	
Manningtree	d	0755			0831	0855		0931	
Ipswich	🚆 a	0807			0843	0907		0943	
Ipswich	🚆 d	0808	0820	0844	0908	0920	0944	0958	
Needham Market	d		0829			0929			
Stowmarket	d		0835	0855		0935	0955	1011	
Diss	d	0829			0908	0929		1008	
Norwich	🚆 a	0850			0927	0950		1027	











For reference to notes please see page 2











Saturdays

									
									
London Liverpool St	 d	0900		0930	1000		1030		
Stratford	DLR  d			0938u			1038u		
Shenfield	 d								
Chelmsford	 d			1003			1103		
Witham	 d								
Colchester	 a	0946		1022	1046		1122		
Colchester	 d	0947		1023	1047		1123		
Manningtree	d	0955		1031	1055		1131		
Ipswich	 a	1007		1043	1107		1143		
Ipswich	 d	1008	1020	1044	1108	1120	1144	1158	
Needham Market	d		1029			1129			
Stowmarket	d		1035	1055		1135	1155	1211	
Diss	d	1029		1108	1129		1208		
Norwich	 a	1050		1127	1150		1227		






























									
									
London Liverpool St	 d	1100		1130	1200		1230		
Stratford	DLR  d			1138u			1238u		
Shenfield	 d								
Chelmsford	 d			1203			1303		
Witham	 d								
Colchester	 a	1146		1222	1246		1322		
Colchester	 d	1147		1223	1247		1323		
Manningtree	d	1155		1231	1255		1331		
Ipswich	 a	1207		1243	1307		1343		
Ipswich	 d	1208	1220	1244	1308	1320	1344	1358	
Needham Market	d		1229			1329			
Stowmarket	d		1235	1255		1335	1355	1411	
Diss	d	1229		1308	1329		1408		
Norwich	 a	1250		1327	1350		1427		






























Saturdays

			1	1	1	1	1	1
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			1	1	1	1	1	1
London Liverpool St	 d		1300		1330	1400		1430
Stratford	DLR  d				1338u			1438u
Shenfield	 d							
Chelmsford	 d				1403			1503
Witham	 d							
Colchester	 a		1346		1422	1446		1523
Colchester	 d		1347		1423	1447		1523
Manningtree	d		1355		1431	1455		1531
Ipswich	 a		1407		1443	1507		1543
Ipswich	 d		1408	1420	1444	1508	1520	1544 1558
Needham Market	d			1429			1529	
Stowmarket	d			1435	1455		1535	1555 1611
Diss	d		1429		1508	1529		1608
Norwich	 a		1450		1527	1548		1627



			1	1	1	1	1	1
			1	1	1	1	1	1
			1	1	1	1	1	1
London Liverpool St	 d		1500		1530	1600		1630
Stratford	DLR  d				1538u			1638u
Shenfield	 d							
Chelmsford	 d				1603			1703
Witham	 d							
Colchester	 a		1546		1622	1646		1722
Colchester	 d		1547		1623	1647		1723
Manningtree	d		1555		1631	1655		1731
Ipswich	 a		1607		1643	1707		1743
Ipswich	 d		1608	1620	1644	1708	1720	1744 1758
Needham Market	d			1629			1729	
Stowmarket	d			1635	1655	1719	1735	1755 1811
Diss	d		1629		1708	1732		1808
Norwich	 a		1650		1727	1751		1827

Saturdays

									
			  		  	  		  	
London Liverpool St	 d	1700		1730	1800		1830		
Stratford	DLR  d			1738u			1838u		
Shenfield	 d								
Chelmsford	 d			1803			1903		
Witham	 d								
Colchester	 a	1746		1822	1846		1922		
Colchester	 d	1747		1823	1847		1923		
Manningtree	d	1755		1831	1855		1931		
Ipswich	 a	1807		1843	1907		1943		
Ipswich	 d	1808	1820	1844	1908	1920	1944	1958	
Needham Market	d		1829			1929			
Stowmarket	d		1835	1855		1935	1955	2011	
Diss	d	1829		1908	1929		2008		
Norwich	 a	1850		1927	1950		2027		

									
			  		  	  		  	
London Liverpool St	 d	1900		1930	2000		2030	2100	
Stratford	DLR  d			1938u			2038u		
Shenfield	 d								
Chelmsford	 d			2003			2103		
Witham	 d								
Colchester	 a	1946		2022	2046		2122	2146	
Colchester	 d	1947		2023	2047		2123	2148	
Manningtree	d	1955		2031	2055		2132	2156	
Ipswich	 a	2007		2043	2107		2143	2208	
Ipswich	 d	2008	2020	2044	2108	2117	2145	2219	
Needham Market	d		2029			2127		2229	
Stowmarket	d		2035	2055		2133	2156	2235	
Diss	d	2029		2108	2129		2209		
Norwich	 a	2050		2127	2150		2229		

Saturdays






























			📶	📶	📶
			1◇	1◇	1◇
London Liverpool St	⊖ d	2130	2230	2330	
Stratford	DLR ⊖ d	2138u	2238u	2338u	
Shenfield	 d				
Chelmsford	 d	2203	2303		
Witham	 d				
Colchester	 a	2222	2322	0026	
Colchester	 d	2223	2323	0026	
Manningtree	d	2232	2332	0036	
Ipswich	 a	2244	2344	0047	
Ipswich	 d	2245	2345	0049	
Needham Market	d				
Stowmarket	d	2257	2357	0101	
Diss	d	2311	0011	0114	
Norwich	 a	2330	0036	0140	






























Sundays

		C						
		1	1	1	1	1	1	1
				1	1	1	1	1
London Liverpool St	d			0830		0930		
Stratford	DLR d							
Shenfield	d							
Chelmsford	d							
Witham	d							
Colchester	a			0925		1025		
Colchester	d	0730	0813	0925	0932	1025		
Manningtree	d	0738	0821	0933	0940	1033		
Ipswich	a	0750	0833	0945	0951	1045		
Ipswich	d	0732	0755	0902	0946	0955	1046	1102
Needham Market	d	0742		0912				1112
Stowmarket	d	0748	0807	0918	0957	1007	1057	1118
Diss	d				1010		1110	
Norwich	a				1031		1131	

		C						
		1	1	1	1	1	1	1
		1	1	1	1	1	1	1
London Liverpool St	d	1030		1100	1130		1230	
Stratford	DLR d							
Shenfield	d							
Chelmsford	d							
Witham	d							
Colchester	a	1125		1156	1225		1325	
Colchester	d	1125		1156	1225		1325	
Manningtree	d	1133			1233		1333	
Ipswich	a	1145		1213	1245		1345	
Ipswich	d	1146	1155	1215	1246	1302	1346	1355
Needham Market	d					1312		
Stowmarket	d	1157	1207	1226	1257	1318	1357	1407
Diss	d	1210		1238	1310		1410	
Norwich	a	1231		1300	1331		1431	























Sundays

									
			  		  		  		  
London Liverpool St	 d		1330		1430		1530		1630
Stratford	DLR  d								
Shenfield	 d								
Chelmsford	 d								
Witham	 d								
Colchester	 a		1425		1525		1625		1725
Colchester	 d		1425		1525		1625		1725
Manningtree	d		1433		1533		1633		1733
Ipswich	 a		1445		1545		1645		1745
Ipswich	 d		1446	1502	1546	1555	1646	1702	1746
Needham Market	d			1512				1712	
Stowmarket	d		1457	1518	1557	1607	1657	1718	1757
Diss	d		1510		1610		1710		1810
Norwich	 a		1531		1631		1731		1831

											
			  		  		  		 		
London Liverpool St	 d		1730		1800		1830		1900		1930
Stratford	DLR  d										
Shenfield	 d										
Chelmsford	 d										
Witham	 d										
Colchester	 a		1825		1856		1925		1955		2025
Colchester	 d		1825		1856		1925		1955		2025
Manningtree	d		1833				1933	2003	2033		
Ipswich	 a		1845		1913		1945	2015	2045		
Ipswich	 d		1755	1846	1902	1915	1946	2016	2046		
Needham Market	d			1912							
Stowmarket	d		1807	1857	1918	1926	1957	2027	2057		
Diss	d		1910		1938		2010	2040	2110		
Norwich	 a		1931		2000		2031	2101	2131		

For reference to notes please see page 2

Sundays

						
			 	 	 	 
London Liverpool St	 d		2030	2130	2230	2330
Stratford	DLR  d					
Shenfield	 d					
Chelmsford	 d					
Witham	 d					
Colchester	 a		2125	2225	2325	0025
Colchester	 d		2125	2225	2325	0025
Manningtree	d		2134	2234	2334	0034
Ipswich	 a		2145	2246	2346	0046
Ipswich	 d	2102	2147	2247	2347	0047
Needham Market	d	2112				
Stowmarket	d	2118	2158	2259	2359	0059
Diss	d		2211	2313	0013	0113
Norwich	 a		2231	2332	0032	0137