

		MFO			◇					◇				◇				◇			
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Liverpool Street ⇄	Dep	04.10	05.10	..	05.27	05.42	05.52	06.10	..	06.27	..	06.55	..	07.27	..	07.55	..	08.27	..	08.55	..
Hackney Downs		05.33	05.48	06.33	07.33	08.33
Stratford ⇄		06.03	06.44	..	07.14	..	07.44	..	08.14	..	08.44	..	09.14
Lea Bridge		06.09	06.50	07.20	07.50	08.20	08.50	09.20
Seven Sisters ⇄	
Tottenham Hale		05.22	05.40	05.55	06.15	06.22	06.40	06.55	07.07	07.25	07.40	07.55	08.07	08.25	08.40	08.55	09.07	09.25
Northumberland Park		06.17	07.27	08.27	09.27
Meridian Water Station		06.19	06.58	07.58	08.58
Ponders End		05.59	07.01	..	07.31	..	08.01	..	08.31	..	09.01	..	09.31
Brimmsdown		06.02	07.04	07.34	08.04	08.34	09.04	09.34
Enfield Lock		06.04	06.24	07.06	..	07.36	..	08.06	..	08.36	..	09.06	..	09.36
Waltham Cross		06.07	07.09	07.39	08.09	08.39	09.09	09.39
Cheshunt		..	05.30	..	05.48	06.09	06.28	..	↩	06.48	07.11	..	07.41	07.48	08.11	..	08.41	08.48	09.11	..	09.41
Broxbourne	Arr	04.36	05.35	05.53	06.15	06.33	06.36	06.33	06.53	07.17	07.20	07.47	07.53	08.17	08.20	08.47	08.53	09.17	09.20	09.47
Broxbourne	Dep	04.36	05.35	05.40	05.53	06.17	06.47	06.36	06.47	06.53	07.17	07.21	07.47	07.53	08.17	08.21	08.47	08.53	09.17	09.21	09.47
Rye House		05.43	06.20	↪	06.50	07.20	07.50	08.20	08.50	09.20	09.50
St. Margaret's		05.46	..	06.23	06.53	..	07.23	..	07.53	..	08.23	..	08.53	..	09.23	..	09.53
Ware		05.50	06.27	06.57	07.27	07.57	08.27	08.57	09.27	09.57
Hertford East	Arr	05.56	..	06.33	07.03	..	07.33	..	08.03	..	08.33	..	09.03	..	09.33	..	10.03
Roydon		05.57	06.57	07.57	08.57
Harlow Town	Arr	04.42	05.41	..	06.01	06.42	..	07.01	..	07.29	..	08.01	..	08.29	..	09.01	..	09.29	..
	Dep	04.43	05.41	06.01	06.43	07.01	07.30	08.01	08.30	09.01	09.30
Harlow Mill		06.04	07.04	08.04	09.04
Sawbridgeworth		06.08	07.08	08.08	09.08
Bishops Stortford	Arr	04.52	05.50	..	06.14	06.52	..	07.14	..	07.39	..	08.14	..	08.39	..	09.14	..	09.39	..
Bishops Stortford	Dep	04.52	05.50	06.14	06.52	07.14	07.39	08.14	08.39	09.14	09.39
Stansted Mountfitchet		04.57	05.55	..	06.18	06.57	..	07.18	..	07.44	..	08.18	..	08.44	..	09.18	..	09.44	..
Stansted Airport ⇄	Arr	05.03	06.01	07.03	07.50	08.50	09.50
Stansted Airport ⇄	Dep
Elsenham		06.22	07.22	08.22	09.22
Newport		06.27	07.27	08.27	09.27
Audley End		06.30	07.30	08.30	09.30
Great Chesterford		06.35	07.35	08.35	09.35
Whittlesford Parkway		06.40	07.40	08.40	09.40
Shelford		06.44	07.44	08.44	09.44
Cambridge	Arr	06.51	07.51	08.51	09.51
Cambridge	Dep	06.52	07.52	08.52	09.52
Cambridge North	Arr	06.56	07.56	08.56	09.56

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Liverpool Street ⇄	Dep	09.27	..	09.55	..	10.27	..	10.55	..	11.27	..	11.55	..	12.27	..	12.55	..	13.27	..	13.55	..
Hackney Downs		09.33	10.33	11.33	12.33	13.33
Stratford ⇄		..	09.44	..	10.14	..	10.44	..	11.14	..	11.44	..	12.14	..	12.44	..	13.14	..	13.44	..	14.14
Lea Bridge		09.50	10.20	10.50	11.20	11.50	12.20	12.50	13.20	13.50	14.20
Seven Sisters ⇄	
Tottenham Hale		09.40	09.55	10.07	10.25	10.40	10.55	11.07	11.25	11.40	11.55	12.07	12.25	12.40	12.55	13.07	13.25	13.40	13.55	14.07	14.25
Northumberland Park		10.27	11.27	12.27	13.27	14.27
Meridian Water Station		09.58	10.58	11.58	12.58	13.58
Ponders End		..	10.01	..	10.31	..	11.01	..	11.31	..	12.01	..	12.31	..	13.01	..	13.31	..	14.01	..	14.31
Brimmsdown		10.04	10.34	11.04	11.34	12.04	12.34	13.04	13.34	14.04	14.34
Enfield Lock		..	10.06	..	10.36	..	11.06	..	11.36	..	12.06	..	12.36	..	13.06	..	13.36	..	14.06	..	14.36
Waltham Cross		10.09	10.39	11.09	11.39	12.09	12.39	13.09	13.39	14.09	14.39
Cheshunt		09.48	10.11	..	10.41	10.48	11.11	..	11.41	11.48	12.11	..	12.41	12.48	13.11	..	13.41	13.48	14.11	..	14.41
Broxbourne	Arr	09.53	10.17	10.20	10.47	10.53	11.17	11.20	11.47	11.53	12.17	12.20	12.47	12.53	13.17	13.20	13.47	13.53	14.17	14.20	14.47
Broxbourne	Dep	09.53	10.17	10.21	10.47	10.53	11.17	11.21	11.47	11.53	12.17	12.21	12.47	12.53	13.17	13.21	13.47	13.53	14.17	14.21	14.47
Rye House		10.20	10.50	11.20	11.50	12.20	12.50	13.20	13.50	14.20	14.50
St. Margaret's		..	10.23	..	10.53	..	11.23	..	11.53	..	12.23	..	12.53	..	13.23	..	13.53	..	14.23	..	14.53
Ware		10.27	10.57	11.27	11.57	12.27	12.57	13.27	13.57	14.27	14.57
Hertford East	Arr	..	10.33	..	11.03	..	11.33	..	12.03	..	12.33	..	13.03	..	13.33	..	14.03	..	14.33	..	15.03
Roydon		09.57	10.57	11.57	12.57	13.57
Harlow Town	Arr	10.01	..	10.29	..	11.01	..	11.29	..	12.01	..	12.29	..	13.01	..	13.29	..	14.01	..	14.29	..
	Dep	10.01	10.30	11.01	11.30	12.01	12.30	13.01	13.30	14.01	14.30
Harlow Mill		10.04	11.04	12.04	13.04	14.04
Sawbridgeworth		10.08	11.08	12.08	13.08	14.08
Bishops Stortford	Arr	10.14	..	10.39	..	11.14	..	11.39	..	12.14	..	12.39	..	13.14	..	13.39	..	14.14	..	14.39	..
Bishops Stortford	Dep	10.14	10.39	11.14	11.39	12.14	12.39	13.14	13.39	14.14	14.39
Stansted Mountfitchet		10.18	..	10.44	..	11.18	..	11.44	..	12.18	..	12.44	..	13.18	..	13.44	..	14.18	..	14.44	..
Stansted Airport ⇄	Arr	10.50	11.50	13.50	14.50
Stansted Airport ⇄	Dep
Elsenham		10.22	11.22	12.22	13.22	14.22
Newport		10.27	11.27	12.27	13.27	14.27
Audley End		10.30	11.30	12.30	13.30	14.30
Great Chesterford		10.35	11.35	12.35	13.35	14.35
Whittlesford Parkway		10.40	11.40	12.40	13.40	14.40
Shelford		10.44	11.44	12.44	13.44	14.44
Cambridge	Arr	10.51	11.51	12.51	13.51	14.51
Cambridge	Dep	10.52	11.52	12.52	13.52	14.52
Cambridge North	Arr	10.56	11.56	12.56	13.56	14.56

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Liverpool Street ⇄	Dep	14.27	..	14.55	..	15.27	..	15.55	..	16.27	..	16.55	..	17.27	..	17.55	..	18.27	..	18.55	..
Hackney Downs		14.33	15.33	16.33	17.33	18.33
Stratford ⇄		..	14.44	..	15.14	..	15.44	..	16.14	..	16.44	..	17.14	..	17.44	..	18.14	..	18.44	..	19.14
Lea Bridge		14.50	15.20	15.50	16.20	16.50	17.20	17.50	18.20	18.50	19.20
Seven Sisters ⇄	
Tottenham Hale		14.40	14.55	15.07	15.25	15.40	15.55	16.07	16.25	16.40	16.55	17.07	17.25	17.40	17.55	18.07	18.25	18.40	18.55	19.07	19.25
Northumberland Park		15.27	16.27	17.27	18.27	19.27
Meridian Water Station		14.58	15.58	16.58	17.58	18.58
Ponders End		..	15.01	..	15.31	..	16.01	..	16.31	..	17.01	..	17.31	..	18.01	..	18.31	..	19.01	..	19.31
Brimmsdown		15.04	15.34	16.04	16.34	17.04	17.34	18.04	18.34	19.04	19.34
Enfield Lock		..	15.06	..	15.36	..	16.06	..	16.36	..	17.06	..	17.36	..	18.06	..	18.36	..	19.06	..	19.36
Waltham Cross		15.09	15.39	16.09	16.39	17.09	17.39	18.09	18.39	19.09	19.39
Cheshunt		14.48	15.11	..	15.41	15.48	16.11	..	16.41	16.48	17.11	..	17.41	17.48	18.11	..	18.41	18.48	19.11	..	19.41
Broxbourne	Arr	14.53	15.17	15.20	15.47	15.53	16.17	16.20	16.47	16.53	17.17	17.20	17.47	17.53	18.17	18.20	18.47	18.53	19.17	19.20	19.47
Broxbourne	Dep	14.53	15.17	15.21	15.47	15.53	16.17	16.21	16.47	16.53	17.17	17.21	17.47	17.53	18.17	18.21	18.47	18.53	19.17	19.21	19.47
Rye House		15.20	15.50	16.20	16.50	17.20	17.50	18.20	18.50	19.20	19.50
St. Margaret's		..	15.23	..	15.53	..	16.23	..	16.53	..	17.23	..	17.53	..	18.23	..	18.53	..	19.23	..	19.53
Ware		15.27	15.57	16.27	16.57	17.27	17.57	18.27	18.57	19.27	19.57
Hertford East	Arr	..	15.33	..	16.03	..	16.33	..	17.03	..	17.33	..	18.03	..	18.33	..	19.03	..	19.33	..	20.03
Roydon		14.57	15.57	16.57	17.57	18.57
Harlow Town	Arr	15.01	..	15.29	..	16.01	..	16.29	..	17.01	..	17.29	..	18.01	..	18.29	..	19.01	..	19.29	..
	Dep	15.01	15.30	16.01	16.30	17.01	17.30	18.01	18.30	19.01	19.30
Harlow Mill		15.04	16.04	17.04	18.04	19.04
Sawbridgeworth		15.08	16.08	17.08	18.08	19.08
Bishops Stortford	Arr	15.14	..	15.39	..	16.14	..	16.39	..	17.14	..	17.39	..	18.14	..	18.39	..	19.14	..	19.39	..
Bishops Stortford	Dep	15.14	15.39	16.14	16.39	17.14	17.39	18.14	18.39	19.14	19.39
Stansted Mountfitchet		15.18	..	15.44	..	16.18	..	16.44	..	17.18	..	17.44	..	18.18	..	18.44	..	19.18	..	19.44	..
Stansted Airport ⇄	Arr	15.50	16.50	17.50	19.50
Stansted Airport ⇄	Dep
Elsenham		15.22	16.22	17.22	18.22	19.22
Newport		15.27	16.27	17.27	18.27	19.27
Audley End		15.30	16.30	17.30	18.30	19.30
Great Chesterford		15.35	16.35	17.35	18.35	19.35
Whittlesford Parkway		15.40	16.40	17.40	18.40	19.40
Shelford		15.44	16.44	17.44	18.44	19.44
Cambridge	Arr	15.51	16.51	17.51	18.51	19.51
Cambridge	Dep	15.52	16.52	17.52	18.52	19.52
Cambridge North	Arr	15.56	16.56	17.56	18.56	19.56

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Liverpool Street ⇄	Dep	19.27	..	19.55	..	20.27	..	20.55	..	21.27	..	21.55	..	22.27	..	22.55	..	23.28	23.42	23.58	23.58	
Hackney Downs		19.33	20.33	21.33	22.33	23.34	23.48	
Stratford ⇄		..	19.44	..	20.14	..	20.44	..	21.14	..	21.44	..	22.14	..	22.44	..	23.14	
Lea Bridge		19.50	20.20	20.50	21.20	21.50	22.20	22.50	23.20	
Seven Sisters ⇄		
Tottenham Hale		19.40	19.55	20.07	20.25	20.40	20.55	21.07	21.25	21.40	21.55	22.07	22.25	22.40	22.55	23.07	23.25	23.41	23.54	00.10	00.10	
Northumberland Park		20.27	21.27	22.27	23.27	..	23.57	
Meridian Water Station		19.58	20.58	21.58	22.58	
Ponders End		..	20.01	..	20.31	..	21.01	..	21.31	..	22.01	..	22.31	..	23.01	..	23.31	..	00.01	
Brimmsdown		20.04	20.34	21.04	21.34	22.04	22.34	23.04	23.34	00.03	
Enfield Lock		..	20.06	..	20.36	..	21.06	..	21.36	..	22.06	..	22.36	..	23.06	..	23.36	..	00.06	
Waltham Cross		20.09	20.39	21.09	21.39	22.09	22.39	23.09	23.39	00.08	
Cheshunt		19.48	20.11	..	20.41	20.48	21.11	..	21.41	21.48	22.11	..	22.41	22.48	23.11	..	23.41	23.49	00.11	00.18	00.18	
Broxbourne	Arr	19.53	20.17	20.20	20.47	20.53	21.17	21.20	21.47	21.53	22.17	22.20	22.47	22.53	23.17	23.20	23.47	23.54	00.16	00.23	00.23	
Broxbourne	Dep	19.53	20.17	20.21	20.47	20.53	21.17	21.21	21.47	21.53	22.17	22.21	22.47	22.53	23.17	23.21	23.47	23.54	00.16	00.23	00.23	
Rye House		20.20	20.50	21.20	21.50	22.20	22.50	23.20	23.50	00.20	
St. Margaret's		..	20.23	..	20.53	..	21.23	..	21.53	..	22.23	..	22.53	..	23.23	..	23.53	..	00.23	
Ware		20.27	20.57	21.27	21.57	22.27	22.57	23.27	23.57	00.27	
Hertford East	Arr	..	20.33	..	21.03	..	21.33	..	22.03	..	22.33	..	23.03	..	23.33	..	00.03	..	00.32	
Roydon		19.57	20.57	21.57	22.57	23.58	00.27	00.27	
Harlow Town	Arr	20.01	..	20.29	..	21.01	..	21.29	..	22.01	..	22.29	..	23.01	..	23.29	..	00.02	..	00.31	00.31	
	Dep	20.01	20.30	21.01	21.30	22.01	22.30	23.01	23.30	00.02	00.31	00.31	
Harlow Mill		20.04	21.04	22.04	23.04	00.05	..	00.34	00.34	
Sawbridgeworth		20.08	21.08	22.08	23.08	00.09	00.38	00.38	
Bishops Stortford	Arr	20.14	..	20.39	..	21.14	..	21.39	..	22.14	..	22.39	..	23.14	..	23.39	..	00.15	..	00.44	00.44	
Bishops Stortford	Dep	20.14	20.39	21.14	21.39	22.14	22.39	23.14	23.39	00.15	00.44	
Stansted Mountfitchet		20.18	..	20.44	..	21.18	..	21.44	..	22.18	..	22.44	..	23.18	..	23.44	..	00.19	00.48	
Stansted Airport ⇄	Arr	20.50	21.50	22.50	23.50	
Stansted Airport ⇄	Dep	
Elsenham		20.22	21.22	22.22	23.22	00.23	00.52	
Newport		20.27	21.27	22.27	23.27	00.28	00.57	
Audley End		20.30	21.30	22.30	23.30	00.31	01.00	
Great Chesterford		20.35	21.35	22.35	23.35	00.36	01.05	
Whittlesford Parkway		20.40	21.40	22.40	23.40	00.41	01.10	
Shelford		20.44	21.44	22.44	23.44	00.45	
Cambridge	Arr	20.51	21.51	22.51	23.51	00.51	01.19	
Cambridge	Dep	20.52	21.52	22.52	23.52	
Cambridge North	Arr	20.56	21.56	22.56	23.56	

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Cambridge North	Dep	06.14	07.14	08.14
Cambridge	Arr	06.20	07.20	08.20
Cambridge Shelford	Dep	04.48	05.21	06.21	07.21	08.21
Whittlesford Parkway		05.26	06.26	07.26	08.26
Great Chesterford		04.55	05.30	06.30	07.30	08.30
Audley End		05.34	06.34	07.34	08.34
Newport		05.03	05.40	06.40	07.40	08.40
Elsenham		05.43	06.43	07.43	08.43
Stansted Airport ←	Arr	05.49	06.49	07.49	08.49
Stansted Airport ←	Dep	05.24	06.24	07.24	08.24	09.24
Stansted Mountfitchet		05.30	05.52	06.30	06.52	07.30	07.52	08.30	08.52	09.30
Bishops Stortford	Arr	05.16	..	05.34	05.58	..	06.34	..	06.58	..	07.34	..	07.58	..	08.34	..	08.58	..	09.34
Bishops Stortford	Dep	05.16	05.35	05.35	05.58	06.35	06.58	07.35	07.58	08.35	08.58	09.35
Sawbridgeworth		05.21	06.03	07.03	08.03	09.03
Harlow Mill		05.24	06.06	07.06	08.06	09.06
Harlow Town	Arr	05.27	..	05.43	05.43	..	06.09	..	06.43	..	07.09	..	07.43	..	08.09	..	08.43	..	09.09	..	09.43
	Dep	05.27	05.44	05.44	06.09	06.44	07.09	07.44	08.09	08.44	09.09	09.44
Roydon		05.31	06.13	07.13	08.13	09.13
Hertford East	Dep	05.25	06.09	06.39	07.09	07.39	08.09	08.39	09.09
Ware		..	05.29	06.13	..	06.43	..	07.13	..	07.43	..	08.13	..	08.43	..	09.13	..
St. Margaret's		05.33	06.17	06.47	07.17	07.47	08.17	08.47	09.17
Rye House		..	05.36	↶	..	06.20	..	06.50	..	07.20	..	07.50	..	08.20	..	08.50	..	09.20	..
Broxbourne	Arr	05.36	05.40	05.50	05.50	05.40	06.17	06.25	06.50	06.55	07.17	07.25	07.50	07.55	08.17	08.25	08.50	08.55	09.17	09.25	09.50
Broxbourne	Dep	05.36	05.55	05.50	05.50	05.55	06.17	06.25	06.50	06.55	07.17	07.25	07.50	07.55	08.17	08.25	08.50	08.55	09.17	09.25	09.50
Cheshunt		05.41	↷	05.59	06.21	06.29	06.59	07.21	07.29	07.59	08.21	08.29	08.59	09.21	09.29
Waltham Cross		06.01	..	06.31	..	07.01	..	07.31	..	08.01	..	08.31	..	09.01	..	09.31	..
Enfield Lock		06.04	06.34	07.04	07.34	08.04	08.34	09.04	09.34
Brimsdon		06.06	..	06.36	..	07.06	..	07.36	..	08.06	..	08.36	..	09.06	..	09.36	..
Ponders End		06.08	06.38	07.08	07.38	08.08	08.38	09.08	09.38
Meridian Water Station		06.12	..	06.42	07.42	08.42	09.42	..
Northumberland Park		06.14	07.12	08.12	09.12
Tottenham Hale		05.49	..	06.02	06.02	06.17	06.31	06.46	07.02	07.16	07.31	07.46	08.02	08.16	08.31	08.46	09.02	09.16	09.31	09.46	10.02
Seven Sisters ⚡	
Lea Bridge		06.21	..	06.50	..	07.20	..	07.50	..	08.20	..	08.50	..	09.20	..	09.50	..
Stratford ⚡		06.27	06.57	07.27	07.57	08.27	08.57	09.27	09.57
Hackney Downs		06.37	07.37	08.37	09.37
Liverpool Street ⚡	Arr	06.03	06.15	06.15	06.45	07.15	07.45	08.15	08.45	09.15	09.45	10.15

MFO denotes runs on Monday and Friday only.

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Cambridge North	Dep	..	09.14	10.14	11.14	12.14	13.14
Cambridge	Arr	09.20	10.20	11.20	12.20	13.20
Cambridge	Dep	..	09.21	10.21	11.21	12.21	13.21
Shelford		09.26	10.26	11.26	12.26	13.26
Whittlesford Parkway		..	09.30	10.30	11.30	12.30	13.30
Great Chesterford		09.34	10.34	11.34	12.34	13.34
Audley End		..	09.40	10.40	11.40	12.40	13.40
Newport		09.43	10.43	11.43	12.43	13.43
Elsenham		..	09.49	10.49	11.49	12.49	13.49
Stansted Airport ←	Arr
Stansted Airport ←	Dep	10.24	11.24	12.24	13.24	14.24
Stansted Mountfitchet		09.52	10.30	10.52	11.30	11.52	12.30	12.52	13.30	13.52	14.30
Bishops Stortford	Arr	..	09.58	..	10.34	..	10.58	..	11.34	..	11.58	..	12.34	..	12.58	..	13.34	..	13.58	..	14.34
Bishops Stortford	Dep	09.58	10.35	10.58	11.35	11.58	12.35	12.58	13.35	13.58	14.35
Sawbridgeworth		..	10.03	11.03	12.03	13.03	14.03
Harlow Mill		10.06	11.06	12.06	13.06	14.06
Harlow Town	Arr	..	10.09	..	10.43	..	11.09	..	11.43	..	12.09	..	12.43	..	13.09	..	13.43	..	14.09	..	14.43
	Dep	10.09	10.44	11.09	11.44	12.09	12.44	13.09	13.44	14.09	14.44
Roydon		..	10.13	11.13	12.13	13.13	14.13
Hertford East	Dep	09.39	10.09	10.39	11.09	11.39	12.09	12.39	13.09	13.39	14.09
Ware		09.43	..	10.13	..	10.43	..	11.13	..	11.43	..	12.13	..	12.43	..	13.13	..	13.43	..	14.13	..
St. Margaret's		09.47	10.17	10.47	11.17	11.47	12.17	12.47	13.17	13.47	14.17
Rye House		09.50	..	10.20	..	10.50	..	11.20	..	11.50	..	12.20	..	12.50	..	13.20	..	13.50	..	14.20	..
Broxbourne	Arr	09.55	10.17	10.25	10.50	10.55	11.17	11.25	11.50	11.55	12.17	12.25	12.50	12.55	13.17	13.25	13.50	13.55	14.17	14.25	14.50
Broxbourne	Dep	09.55	10.17	10.25	10.50	10.55	11.17	11.25	11.50	11.55	12.17	12.25	12.50	12.55	13.17	13.25	13.50	13.55	14.17	14.25	14.50
Cheshunt		09.59	10.21	10.29	10.59	11.21	11.29	11.59	12.21	12.29	12.59	13.21	13.29	13.59	14.21	14.29
Waltham Cross		10.01	..	10.31	..	11.01	..	11.31	..	12.01	..	12.31	..	13.01	..	13.31	..	14.01	..	14.31	..
Enfield Lock		10.04	10.34	11.04	11.34	12.04	12.34	13.04	13.34	14.04	14.34
Brimsgate		10.06	..	10.36	..	11.06	..	11.36	..	12.06	..	12.36	..	13.06	..	13.36	..	14.06	..	14.36	..
Ponders End		10.08	10.38	11.08	11.38	12.08	12.38	13.08	13.38	14.08	14.38
Meridian Water Station		10.42	11.42	14.42	..
Northumberland Park		10.12	11.12	12.12	13.12	14.12
Tottenham Hale		10.16	10.31	10.46	11.02	11.16	11.31	11.46	12.02	12.16	12.31	12.46	13.02	13.16	13.31	13.46	14.02	14.16	14.31	14.46	15.02
Seven Sisters ☺	
Lea Bridge		10.20	..	10.50	..	11.20	..	11.50	..	12.20	..	12.50	..	13.20	..	13.50	..	14.20	..	14.50	..
Stratford ☺		10.27	10.57	11.27	11.57	12.27	12.57	13.27	13.57	14.27	14.57
Hackney Downs		..	10.37	11.37	12.37	13.37	14.37
Liverpool Street ☺	Arr	10.45	11.15	11.45	12.15	12.45	13.15	13.45	14.15	14.45	15.15

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Cambridge North	Dep	..	14.14	15.14	16.14	17.14	18.14
Cambridge	Arr	14.20	15.20	16.20	17.20	18.20
Cambridge	Dep	..	14.21	15.21	16.21	17.21	18.21
Shelford		14.26	15.26	16.26	17.26	18.26
Whittlesford Parkway		..	14.30	15.30	16.30	17.30	18.30
Great Chesterford		14.34	15.34	16.34	17.34	18.34
Audley End		..	14.40	15.40	16.40	17.40	18.40
Newport		14.43	15.43	16.43	17.43	18.43
Elsenham		..	14.49	15.49	16.49	17.49	18.49
Stansted Airport ←	Arr
Stansted Airport ←	Dep	15.24	16.24	17.24	18.24	19.24
Stansted Mountfitchet		14.52	15.30	15.52	16.30	16.52	17.30	17.52	18.30	18.52	19.30
Bishops Stortford	Arr	..	14.58	..	15.34	..	15.58	..	16.34	..	16.58	..	17.34	..	17.58	..	18.34	..	18.58	..	19.34
Bishops Stortford	Dep	14.58	15.35	15.58	16.35	16.58	17.35	17.58	18.35	18.58	19.35
Sawbridgeworth		..	15.03	16.03	17.03	18.03	19.03
Harlow Mill		15.06	16.06	17.06	18.06	19.06
Harlow Town	Arr	..	15.09	..	15.43	..	16.09	..	16.43	..	17.09	..	17.43	..	18.09	..	18.43	..	19.09	..	19.43
	Dep	15.09	15.44	16.09	16.44	17.09	17.44	18.09	18.44	19.09	19.44
Roydon		..	15.13	16.13	17.13	18.13	19.13
Hertford East	Dep	14.39	15.09	15.39	16.09	16.39	17.09	17.39	18.09	18.39	19.09
Ware		14.43	..	15.13	..	15.43	..	16.13	..	16.43	..	17.13	..	17.43	..	18.13	..	18.43	..	19.13	..
St. Margaret's		14.47	15.17	15.47	16.17	16.47	17.17	17.47	18.17	18.47	19.17
Rye House		14.50	..	15.20	..	15.50	..	16.20	..	16.50	..	17.20	..	17.50	..	18.20	..	18.50	..	19.20	..
Broxbourne	Arr	14.55	15.17	15.25	15.50	15.55	16.17	16.25	16.50	16.55	17.17	17.25	17.50	17.55	18.17	18.25	18.50	18.55	19.17	19.25	19.50
Broxbourne	Dep	14.55	15.17	15.25	15.50	15.55	16.17	16.25	16.50	16.55	17.17	17.25	17.50	17.55	18.17	18.25	18.50	18.55	19.17	19.25	19.50
Cheshunt		14.59	15.21	15.29	15.59	16.21	16.29	16.59	17.21	17.29	17.59	18.21	18.29	18.59	19.21	19.29
Waltham Cross		15.01	..	15.31	..	16.01	..	16.31	..	17.01	..	17.31	..	18.01	..	18.31	..	19.01	..	19.31	..
Enfield Lock		15.04	15.34	16.04	16.34	17.04	17.34	18.04	18.34	19.04	19.34
Brimsgate		15.06	..	15.36	..	16.06	..	16.36	..	17.06	..	17.36	..	18.06	..	18.36	..	19.06	..	19.36	..
Ponders End		15.08	15.38	16.08	16.38	17.08	17.38	18.08	18.38	19.08	19.38
Meridian Water Station		15.42	16.42	18.42	19.42	..
Northumberland Park		15.12	16.12	17.12	18.12	19.12
Tottenham Hale		15.16	15.31	15.46	16.02	16.16	16.31	16.46	17.02	17.16	17.31	17.46	18.02	18.16	18.31	18.46	19.02	19.16	19.31	19.46	20.02
Seven Sisters ☺	
Lea Bridge		15.20	..	15.50	..	16.20	..	16.50	..	17.20	..	17.50	..	18.20	..	18.50	..	19.20	..	19.50	..
Stratford ☺		15.27	15.57	16.27	16.57	17.27	17.57	18.27	18.57	19.27	19.57
Hackney Downs		..	15.37	16.37	17.37	18.37	19.37
Liverpool Street ☺	Arr	15.45	16.15	16.45	17.15	17.45	18.15	18.45	19.15	19.45	20.15

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Cambridge North	Dep	..	19.14	20.14	21.14	22.14
Cambridge	Arr	19.20	20.20	21.20	22.20
Cambridge	Dep	..	19.21	20.21	21.21	22.21	..	22.51
Shelford		19.26	20.26	21.26	22.26	22.56
Whittlesford Parkway		..	19.30	20.30	21.30	22.30	..	23.00
Great Chesterford		19.34	20.34	21.34	22.34	23.04
Audley End		..	19.40	20.40	21.40	22.40	..	23.10
Newport		19.43	20.43	21.43	22.43	23.13
Elsenham		..	19.49	20.49	21.49	22.49	..	23.19
Stansted Airport ←	Arr
Stansted Airport ←	Dep	20.24	21.24	22.24	23.24	00.30
Stansted Mountfitchet		19.52	20.30	20.52	21.30	21.52	22.30	22.52	23.24	23.30
Bishops Stortford	Arr	..	19.58	..	20.34	..	20.58	..	21.34	..	21.58	..	22.34	..	22.58	..	23.29	23.34	00.39
Bishops Stortford	Dep	19.58	20.35	20.58	21.35	21.58	22.35	22.58	23.29	23.36	00.39
Sawbridgeworth		..	20.03	21.03	22.03	23.03	..	23.33
Harlow Mill		20.06	21.06	22.06	23.06	23.37
Harlow Town	Arr	..	20.09	..	20.43	..	21.09	..	21.43	..	22.09	..	22.43	..	23.09	..	23.40	23.44	00.47
	Dep	20.09	20.44	21.09	21.44	22.09	22.44	23.09	23.40	23.45	00.47
Roydon		..	20.13	21.13	22.13	23.13	..	23.44
Hertford East	Dep	19.39	20.09	20.39	21.09	21.39	22.09	22.39	23.09	23.39	00.09
Ware		19.43	..	20.13	..	20.43	..	21.13	..	21.43	..	22.13	..	22.43	..	23.13	23.43
St. Margaret's		19.47	20.17	20.47	21.17	21.47	22.17	22.47	23.17	23.47
Rye House		19.50	..	20.20	..	20.50	..	21.20	..	21.50	..	22.20	..	22.50	..	23.20	23.50
Broxbourne	Arr	19.55	20.17	20.25	20.50	20.55	21.17	21.25	21.50	21.55	22.17	22.25	22.50	22.55	23.17	23.25	23.48	23.51	23.55	00.20
Broxbourne	Dep	19.55	20.17	20.25	20.50	20.55	21.17	21.25	21.50	21.55	22.17	22.25	22.50	22.55	23.17	..	23.48	23.51	23.55	00.20
Cheshunt		19.59	20.21	20.29	20.59	21.21	21.29	21.59	22.21	22.29	22.59	23.21	23.52	23.59
Waltham Cross		20.01	..	20.31	..	21.01	..	21.31	..	22.01	..	22.31	..	23.01
Enfield Lock		20.04	20.34	21.04	21.34	22.04	22.34	23.04
Brimsgate		20.06	..	20.36	..	21.06	..	21.36	..	22.06	..	22.36	..	23.06
Ponders End		20.08	20.38	21.08	21.38	22.08	22.38	23.08
Meridian Water Station		20.42	21.42
Northumberland Park		20.12	21.12	22.12	23.12
Tottenham Hale		20.16	20.31	20.46	21.02	21.16	21.31	21.46	22.02	22.16	22.31	22.46	23.02	23.16	23.31
Seven Sisters 🚶		00.04	00.08	00.12
Lea Bridge		20.20	..	20.50	..	21.20	..	21.50	..	22.20	..	22.50	..	23.20
Stratford 🚶		20.27	20.57	21.27	21.57	22.27	22.57	23.28
Hackney Downs		..	20.37	21.37	22.37	23.37	00.17
Liverpool Street 🚶	Arr	20.45	21.15	21.45	22.15	22.45	23.15	23.35	23.45	00.18	00.22	00.26	00.49	01.21

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