

			■	■	■	■	■	■	■	■	■	■	■	■	■	◇	■	■	■	■	■	■	■				
Liverpool Street	Dep	07.57	08.33	08.38	09.08
Stratford	Dep	08.04	08.11	08.46	09.16
Romford	Dep	08.23
Shenfield	Dep	08.31	..	08.34	09.04	09.32
Ingatestone		08.39	09.36
Chelmsford		08.42	08.46	09.13	09.43
Hatfield Peverel		08.52	09.49
Witham		07.35	08.25	08.53	08.58	09.24	09.27	09.56
White Notley		..	07.42	09.34
Cressing		..	07.44	09.36
Braintree Freeport		..	07.47	09.39
Braintree	Arr	07.51	08.41	09.43
Kelvedon		09.03	10.00
Marks Tey		07.16	08.16	09.08	09.16	09.31	10.06	10.16
Chappel & Wakes Colne		07.22	08.22	..	09.22	10.22
Bures		07.28	08.28	..	09.28	10.28
Sudbury	Arr	07.36	08.36	..	09.36	10.36
Colchester	Arr	09.05	09.15	09.27	09.39	10.13
Colchester Town	Dep	07.30	08.13	..	08.18	..	08.37	..	09.05	..	09.16	..	09.28	..	09.32	09.39	10.13
Hythe	Arr
Wivenhoe	Dep	08.42	09.44
Alresford		08.46	09.48
Great Bentley		08.49	09.51
Weeley		08.53	09.55
Thorpe-le-Soken	Arr	09.00	10.02
Thorpe-le-Soken	Dep	09.00	09.02	10.02	10.04
Kirby Cross		09.07
Frinton-on-Sea		09.10
Walton-on-the-Naze	Arr	09.14	10.16
Clacton-on-Sea	Arr	09.09	10.12
Manningtree		07.38	08.21	..	08.26	09.14	..	09.24	09.26	09.40	10.21	10.26
Mistley		08.30	09.30	10.30
Wrabness		08.35	09.35	10.35
Harwich International		08.30	08.43	09.30	09.43	10.43
Dovercourt		08.46	09.46	10.46
Harwich Town	Arr	08.48	09.48	10.48
Ipswich	Arr	07.50	08.33	08.54	09.36	..	09.45	..	09.51	10.34
Saxmundham	Dep	07.32	07.55	08.46	09.02	09.46	09.55	10.02
Lowestoft	Arr	10.40
Needham Market		07.42	09.12
Stowmarket		07.48	08.07	08.57	09.18	09.57	10.07
Peterborough	Arr	09.31	11.31
Diss		09.10
Norwich	Arr	09.30

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Liverpool Street	Dep	09.32	09.38	10.08	10.32	10.38	11.08	11.32	11.38	12.08	12.32	
Stratford	Dep	09.46	10.16	10.46	11.16	11.46	12.16	
Romford	Dep	
Shenfield	Dep	10.02	10.32	11.02	11.32	12.02	12.32	
Ingatstone	10.36	11.36	12.36	
Chelmsford	10.11	10.43	11.11	11.43	12.11	12.43	
Hatfield Peverel	10.49	11.49	12.49	
Witham	10.22	10.25	10.56	11.22	11.25	11.56	12.22	12.25	12.56	
White Notley	10.32	11.32	12.32	
Cressing	10.34	11.34	12.34	
Braintree Freeport	10.37	11.37	12.37	
Braintree	Arr	10.41	11.41	12.41	
Kelvedon	11.00	12.00	13.00	
Marks Tey	10.29	11.06	11.16	11.29	12.06	12.16	12.29	13.06	13.16	
Chappel & Wakes Colne	11.22	12.22	13.22	
Bures	11.28	12.28	13.28	
Sudbury	Arr	11.36	12.36	13.36	
Colchester	Arr	10.19	10.37	11.13	11.19	11.37	12.13	12.19	12.37	13.13	13.19	
Colchester Town	Dep	10.20	10.37	11.13	11.20	11.37	12.13	12.20	12.37	13.13	13.20	
Hythe	10.42	11.42	12.42	
Wivenhoe	..	10.46	11.46	12.46	
Alresford	10.49	11.49	12.49	
Great Bentley	..	10.53	11.53	12.53	
Weeley	
Thorpe-le-Soken	Arr	..	11.00	12.00	13.00	
Kirby Cross	Dep	..	11.02	12.02	13.02	
Frinton-on-Sea	11.07	12.07	13.07	
Walton-on-the-Naze	Arr	..	11.10	12.10	12.10	13.10	
Clacton-on-Sea	Arr	11.10	12.10	13.10	
Manningtree	..	10.29	11.21	11.26	11.29	12.21	12.26	12.29	13.21	13.26	13.29	
Mistley	11.30	12.30	13.30	
Wrabness	11.35	12.35	13.35	..	
Harwich International	11.43	12.43	13.43	
Dovercourt	11.46	12.46	13.46	..	
Harwich Town	Arr	11.48	12.48	13.48	
Ipswich	Arr	10.40	11.34	11.40	12.34	12.40	13.34	13.40	
Saxmundham	Dep	10.41	11.02	11.41	11.55	12.02	12.41	13.02	13.41	
Lowestoft	Arr	13.30	
Needham Market	11.12	13.12	
Stowmarket	..	10.53	11.18	11.53	12.07	12.53	13.18	13.53	
Peterborough	Arr	13.31	
Diss	..	11.06	12.06	13.06	14.06	
Norwich	Arr	11.27	12.27	13.27	14.27	

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Liverpool Street	Dep	..	21.32	21.38	22.08	..	22.32	22.38	..	23.08	23.32	23.38
Stratford	Dep	21.46	22.16	22.46	23.16	23.46
Romford	Dep
Shenfield	Dep	22.02	22.32	23.02	23.32	00.02
Ingatestone		22.36	23.36
Chelmsford		22.11	22.43	23.11	23.43	00.11
Hatfield Peverel		22.49	23.49
Witham		22.22	22.25	22.56	23.22	23.25	23.56	00.21
White Notley		22.32	23.32
Cressing		22.34	23.34
Braintree Freeport		22.37	23.37
Braintree	Arr	22.41	23.41
Kelvedon		23.00	23.59
Marks Tey		22.29	23.06	23.02	23.29	00.06	00.29
Chappel & Wakes Colne	
Bures	
Sudbury	Arr
Colchester	Arr	22.19	22.37	23.13	23.10	23.19	23.37	00.13	00.26	00.39
	Dep	..	22.20	22.37	23.13	..	23.20	23.37	..	00.13	00.27	..
Colchester Town	Arr
	Dep
Hythe		22.42	23.42
Wivenhoe		22.46	23.46
Alresford		22.49	23.49
Great Bentley		22.53	23.53
Weeley	
Thorpe-le-Soken	Arr	23.00	23.59
Thorpe-le-Soken	Dep	23.00	23.02	23.59
Kirby Cross		23.07
Frinton-on-Sea		23.10
Walton-on-the-Naze	Arr	23.14
Clacton-on-Sea	Arr	23.10	00.15
Manningtree		22.26	22.30	23.21	..	23.30	00.21	00.36	..
Mistley		22.30
Wrabness		22.35
Harwich International		22.43
Dovercourt		22.46
Harwich Town	Arr	22.48
Ipswich	Arr	..	22.40	23.34	..	23.40	00.39	00.47	..
	Dep	22.42	23.42	00.48
Saxmundham	
Lowestoft	Arr
Needham Market	
Stowmarket		22.54	23.54	01.00
Peterborough	Arr
Diss		23.07	00.07	01.14
Norwich	Arr	..	23.30	00.27	01.38	..

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Norwich	Dep	06.52	08.00	◇	09.00
Diss		07.09	08.17	◇	09.17
Peterborough	Dep	◇
Stowmarket		07.21	08.29	◇	09.29
Needham Market		◇
Lowestoft	Dep	◇	08.05
Saxmundham		◇	08.53
Ipswich	Arr	07.33	08.41	◇	09.32	09.41
	Dep	07.35	07.51	08.09	08.43	09.09	..	◇	09.43
Harwich Town	Dep	◇	09.53
Dovercourt		◇	09.55
Harwich International		07.20	08.16	◇	09.58
Wrabness		◇	10.04
Mistley		◇	10.10
Manningtree		07.33	07.45	08.19	08.53	09.15	09.19	◇	09.53	10.15
10.19		◇	10.19
Clacton-on-Sea	Dep	07.32	08.36	◇	09.36
Walton-on-the-Naze	Dep	08.29	◇	09.29
Frinton-on-Sea		08.32	◇	09.32
Kirby Cross		08.35	◇	09.35
Thorpe-le-Soken	Arr	07.40	08.41	08.44	◇	09.41
09.44		07.40	08.44	◇	09.44
Thorpe-le-Soken	Dep	◇	09.49
Weeley		◇	09.49
Great Bentley		◇	09.53
Alresford		◇	09.57
Wivenhoe		◇	10.01
Hythe		07.57	09.01	◇	10.01
Colchester Town	Arr	◇	10.07
Colchester	Dep	◇	10.29
10.29	Arr	07.42	07.54	08.03	..	08.29	09.02	09.07	..	09.29	◇	10.02	10.07
10.30	Dep	06.51	07.01	07.21	07.42	07.55	08.03	08.30	09.03	09.07	09.30	◇	10.03	10.07
10.30		◇	10.30
Sudbury	Dep	07.42	08.42	◇	09.42
Bures		07.49	08.49	◇	09.49
Chappel & Wakes Colne		07.55	08.55	◇	09.55
Marks Tey		06.57	07.16	07.27	08.01	08.09	..	08.36	09.01	..	09.13	◇	10.13
Kelvedon		..	07.02	..	07.32	08.41	09.41	◇	10.41
Braintree	Dep	07.58	09.00	◇	10.00
Braintree Freeport		08.00	09.02	◇	10.02
Cressing		08.03	09.05	◇	10.05
White Notley		08.06	09.08	◇	10.08
Witham		07.08	07.38	07.55	08.14	08.18	..	08.47	09.16	09.22	◇	10.16
Hatfield Peverel		..	07.12	..	07.42	08.51	09.51	◇	10.51
Chelmsford		06.55	07.19	07.49	08.04	08.27	08.59	09.31	09.59	◇	10.31
Ingatstone		07.02	07.26	..	07.56	09.05	10.05	◇	11.05
Shenfield	Arr	07.07	07.37	08.07	08.14	08.37	09.11	09.41	10.11	◇	11.11
Romford	Arr	07.16	07.46	◇
Stratford	Arr	07.32	08.04	..	08.28	08.34	08.58	09.26	09.56	10.26	◇	11.26
11.26	Arr	..	08.14	..	08.38	08.46	09.01	09.08	..	09.37	10.02	10.37	◇	11.37
11.37		◇	11.37

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Norwich	Dep	..	10.00	11.00	12.00
Diss		10.17	11.17	12.17
Peterborough	Dep	09.50	11.50
Stowmarket		10.20	10.29	11.14	11.29	12.20	12.29	13.14
Needham Market		10.25	12.25
Lowestoft	Dep	10.05
Saxmundham		10.53
Ipswich	Arr	10.38	10.41	11.28	11.32	11.41	12.36	12.41	13.28
	Dep	..	10.43	11.09	11.43	12.09	..	12.43	13.09	..
Harwich Town	Dep	10.53	11.53	12.53
Dovercourt		10.55	11.55	12.55
Harwich International		10.58	11.58	12.58
Wrabness		11.04	12.04	13.04
Mistley		11.10	12.10	13.10
Manningtree		..	10.53	11.15	11.19	11.53	12.15	12.19	..	12.53	13.15	13.19	..
Clacton-on-Sea	Dep	10.36	11.36	12.36
Walton-on-the-Naze	Dep	10.29	11.29	12.29
Frinton-on-Sea		10.32	11.32	12.32
Kirby Cross		10.35	11.35	12.35
Thorpe-le-Soken	Arr	10.41	10.44	11.41	11.44	12.41	12.44
Thorpe-le-Soken	Dep	10.44	11.44	12.44
Weeley	
Great Bentley		10.49	11.49	12.49
Alresford		10.53	11.53	12.53
Wivenhoe		10.57	11.57	12.57
Hythe		11.01	12.01	13.01
Colchester Town	Arr
Colchester	Dep
	Arr	..	11.02	11.07	..	11.29	12.02	12.07	..	12.29	..	13.02	13.07	..	13.29	..
	Dep	11.03	11.07	11.30	12.03	12.07	12.30	13.03	13.07	13.30
Sudbury	Dep	10.42	11.42	12.42
Bures		10.49	11.49	12.49
Chappel & Wakes Colne		10.55	11.55	12.55
Marks Tey		11.01	11.13	11.36	12.01	12.13	12.36	13.01	13.13	13.36
Kelvedon		11.41	12.41	13.41	..
Braintree	Dep	11.00	12.00	13.00
Braintree Freeport		11.02	12.02	13.02
Cressing		11.05	12.05	13.05
White Notley		11.08	12.08	13.08
Witham		11.16	11.22	11.47	12.16	12.22	12.47	13.16	13.22	13.47
Hatfield Peverel		11.51	12.51	13.51	..
Chelmsford		11.31	11.59	12.31	12.59	13.31	13.59
Ingatestone		12.05	13.05	14.05	..
Shenfield	Arr	11.41	12.11	12.41	13.11	13.41	14.11
Romford	Arr
Stratford	Arr	11.56	12.26	12.56	13.26	13.56	14.26
Stratford	Arr	..	12.02	12.07	..	12.37	13.02	13.07	..	13.37	..	14.02	14.07	..	14.37

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Norwich	Dep	..	13.00	14.00	15.00	
Diss		13.17	14.17	15.17	
Peterborough	Dep	13.50	
Stowmarket		13.29	14.20	14.29	15.14	16.20	
Needham Market		14.25	16.25	
Lowestoft	Dep	12.05	14.05	
Saxmundham		12.53	14.53	
Ipswich	Arr	13.32	13.41	14.36	14.41	15.28	15.32	15.41	16.36	
	Dep	..	13.43	14.09	..	14.43	15.09	15.43	16.09	
Harwich Town	Dep	13.53	14.53	15.53	
Dovercourt		13.55	14.55	15.55	..	
Harwich International		13.58	14.58	15.58	
Wrabness		14.04	15.04	16.04	..	
Mistley		14.10	15.10	16.10	
Manningtree		..	13.53	14.15	14.19	..	14.53	15.15	15.19	15.53	16.15	16.19	
Clacton-on-Sea	Dep	13.36	14.36	15.36	
Walton-on-the-Naze	Dep	13.29	14.29	15.29	
Frinton-on-Sea		13.32	14.32	15.32	
Kirby Cross		13.35	14.35	15.35	
Thorpe-le-Soken	Arr	13.41	13.44	14.41	14.44	15.41	15.44	
Thorpe-le-Soken	Dep	13.44	14.44	15.44	
Weeley		
Great Bentley		13.49	14.49	15.49	
Alresford		13.53	14.53	15.53	
Wivenhoe		13.57	14.57	15.57	
Hythe		14.01	15.01	16.01	
Colchester Town	Arr	
	Dep	
Colchester	Arr	..	14.02	14.07	..	14.29	..	15.02	15.07	..	15.29	16.02	16.07	..	16.29	
	Dep	14.03	14.07	14.30	15.03	15.07	15.30	16.03	16.07	16.30	
Sudbury	Dep	13.42	14.42	15.42	
Bures		13.49	14.49	15.49	
Chappel & Wakes Colne		13.55	14.55	15.55	
Marks Tey		14.01	14.13	14.36	15.01	15.13	15.36	16.13	16.36	
Kelvedon		14.41	15.41	16.41	..	
Braintree	Dep	14.00	15.00	16.00	
Braintree Freeport		14.02	15.02	16.02	
Cressing		14.05	15.05	16.05	
White Notley		14.08	15.08	16.08	
Witham		14.16	14.22	14.48	15.16	15.22	15.47	16.16	16.22	16.47	
Hatfield Peverel		14.52	15.51	16.51	..	
Chelmsford		14.31	14.59	15.31	15.59	16.31	16.59	
Ingatestone		15.05	16.05	17.05	..	
Shenfield	Arr	14.41	15.11	15.41	16.11	16.41	17.11	
Romford	Arr	
Stratford	Arr	14.56	..	15.26	15.56	..	16.26	16.56	..	17.26	
Stratford	Arr	..	15.02	15.07	..	15.37	..	16.02	16.07	..	16.37	17.07	..	17.37	

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Norwich	Dep	16.00	17.00	18.00	
Diss		16.17	17.17	18.17	
Peterborough	Dep	15.47	17.45	
Stowmarket		16.29	17.11	18.20	18.29	19.11
Needham Market		18.25	
Lowestoft	Dep	16.05	17.05	
Saxmundham		16.53	17.53	
Ipswich	Arr	16.41	17.25	17.32	17.41	18.32	18.36	18.41	19.25
	Dep	16.43	17.09	18.09	19.09
19.25																										
Harwich Town	Dep	16.53	17.53	18.53	
Dovercourt		16.55	17.55	18.55	
Harwich International		16.58	17.58	18.58	
Wrabness		17.04	18.04	19.04	
Mistley		17.10	18.10	19.10	
Manningtree		16.53	17.15	17.19	18.15	18.19	18.53	19.15	
19.19																									19.35	
Clacton-on-Sea	Dep	16.36	17.36	18.36	
Walton-on-the-Naze	Dep	16.29	17.29	18.29	
Frinton-on-Sea		16.32	17.32	18.32	
Kirby Cross		16.35	17.35	18.35	
Thorpe-le-Soken	Arr	16.41	16.44	17.41	17.44	18.41	
18.44																										
Thorpe-le-Soken	Dep	16.44	17.44	18.44	
Weeley		
Great Bentley		16.49	17.49	18.49	
Alresford		16.53	17.53	18.53	
Wivenhoe		16.57	17.57	18.57	
Hythe		17.01	18.01	19.01	
Colchester Town	Arr	
Colchester	Dep	
	Arr	17.02	17.07	..	17.29	18.07	..	18.29	19.07	
	Dep	17.03	17.07	17.30	18.03	19.03	
Sudbury	Dep	..	16.42	17.42	18.42	
Bures		16.49	17.49	18.49	
Chappel & Wakes Colne		..	16.55	17.55	18.55	
Marks Tey		..	17.01	17.13	..	17.36	18.01	18.13	..	18.36	19.01	19.13	
Kelvedon		17.41	18.41	19.41	
Braintree	Dep	17.00	18.00	19.00	
Braintree Freeport		17.02	18.02	19.02	
Cressing		17.05	18.05	19.05	
White Notley		17.08	18.08	19.08	
Witham		17.16	17.22	17.47	18.16	18.22	18.47	19.16	
Hatfield Peverel		17.51	18.51	19.51	
Chelmsford		17.31	17.59	18.31	18.59	19.31	
Ingatestone		18.05	19.05	20.05	
Shenfield	Arr	17.41	18.11	18.41	19.11	19.41	
Romford	Arr	
Stratford	Arr	17.56	18.26	18.56	19.26	19.56	
Stratford	Arr	18.02	18.07	..	18.37	19.07	..	19.37	20.02	
20.07																										

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Norwich	Dep	..	19.00	20.00	21.00		
Diss		19.17	20.17	21.17		
Peterborough	Dep	19.47		
Stowmarket		19.29	20.20	20.29	21.11		
Needham Market		20.25		
Lowestoft	Dep	18.05	20.05		
Saxmundham		18.53	20.53		
Ipswich	Arr	19.32	19.41	20.36	20.41	21.25	21.32	21.41		
	Dep	..	19.43	20.09	20.37	20.43	21.09	21.25	..	21.43	22.09		
Harwich Town	Dep	19.53	20.53	21.54		
Dovercourt		19.55	20.55	21.56	..	
Harwich International		19.58	20.30	21.05	20.58	21.59	
Wrabness		20.04	21.04	22.05	..	
Mistley		20.10	21.10	22.11	..	
Manningtree		..	19.53	20.15	20.19	20.43	20.53	21.15	21.19	21.35	21.53	22.16	22.19	
Clacton-on-Sea	Dep	19.36	20.36	21.36	
Walton-on-the-Naze	Dep	19.29	20.29	21.29	..	
Frinton-on-Sea		19.32	20.32	21.32	
Kirby Cross		19.35	20.35	21.35	..	
Thorpe-le-Soken	Arr	19.41	19.44	20.41	20.44	21.41	21.44
Thorpe-le-Soken	Dep	19.44	20.44	21.44	..	
Weeley		
Great Bentley		19.49	20.49	21.49	..	
Alresford		19.53	20.53	21.53	
Wivenhoe		19.57	20.57	21.57	..	
Hythe		20.01	21.01	22.01	
Colchester Town	Arr	
Colchester	Dep	
	Arr	..	20.02	20.07	..	20.29	20.52	..	21.02	21.07	..	21.29	21.45	..	22.02	22.07	..	
	Dep	20.03	20.07	20.30	20.52	21.03	21.07	21.30	22.03	22.07	
Sudbury	Dep	19.42	20.42	21.42	
Bures		19.49	20.49	21.49	
Chappel & Wakes Colne		19.55	20.55	21.55	
Marks Tey		20.01	20.13	20.36	21.01	21.13	21.36	22.01	22.13	
Kelvedon		20.41	21.41	22.41	..	
Braintree	Dep	20.00	21.00	22.00	
Braintree Freeport		20.02	21.02	22.02	..	
Cressing		20.05	21.05	22.05	
White Notley		20.08	21.08	22.08	..	
Witham		20.16	20.22	20.47	21.16	21.22	21.47	22.16	
Hatfield Peverel		20.51	21.51	22.51	..	
Chelmsford		20.31	20.59	21.10	21.31	21.59	22.31	
Ingatestone		21.05	22.05	23.05	..	
Shenfield	Arr	20.41	21.11	21.20	21.41	22.11	22.41	
Romford	Arr	
Stratford	Arr	20.56	21.26	21.40	21.56	22.26	23.00	
Stratford	Arr	..	21.02	21.07	..	21.37	22.02	22.07	..	22.37	23.02	23.13	..	

			■	■		■	◇	■	■	
Norwich	Dep	22.00	..	23.05	..
Diss		22.17	23.23
Peterborough	Dep
Stowmarket		22.20	22.29	23.36	23.55
Needham Market		22.25	23.59
Lowestoft	Dep
Saxmundham	
Ipswich	Arr	22.38	22.41	23.51	00.11
	Dep	22.43
Harwich Town	Dep	22.53
Dovercourt		22.55
Harwich International		22.58
Wrabness		23.04
Mistley		23.10
Manningtree		22.53	23.15
Clacton-on-Sea	Dep	22.23
Walton-on-the-Naze	Dep	..	22.18
Frinton-on-Sea		22.21
Kirby Cross		..	22.24
Thorpe-le-Soken	Arr	22.30	22.31
Thorpe-le-Soken	Dep	22.31
Weeley	
Great Bentley	
Alresford	
Wivenhoe		22.41
Hythe		22.45
Colchester Town	Arr
	Dep
Colchester	Arr	22.51	23.02	23.24
	Dep	23.03
Sudbury	Dep	22.42
Bures		22.49
Chappel & Wakes Colne		22.55
Marks Tey		23.02
Kelvedon	
Braintree	Dep	22.56
Braintree Freeport		22.58
Cressing		23.01
White Notley		23.04
Witham		23.12	23.16
Hatfield Peverel	
Chelmsford		23.25
Ingatestone	
Shenfield	Arr	23.36
Romford	Arr
Stratford	Arr	23s56
Stratford	Arr	00.10